



The world can be so hard and confusing at times. It makes complete sense that a delicate little princess such as yourself would have trouble coping with life and it's many anxieties and problems and would work to find ways to relieve their stress whenever they are faced with a difficult situation. This file aims to help you in your princess training, by encouraging you to wet yourself naturally and completely whenever you are overwhelmed or distracted by anything, especially in public.

Become aroused at the complete lack of control you have of your bladder whenever you aren't explicitly thinking about holding it in. Find yourself feeling relief and satisfaction whenever you wet your pants completely. Quickly taking care of the pressure building up in your body will help you solve any situation you might be faced with while helping you feel like the dirty little girl you love to be in the process. Find that other people seeing your little accidents turn you on even more, and you will try to wet your adorable clothes more and more in public every day.

Know that your ultimate goal in life has always been to wet your cute, pretty, outfits easily and naturally in public to give you the time you need to focus on the real problems in your life. Listen now and drift deeper for me as you learn more about your new life as a *Pants-Wetting Princess*.

- ♦ Wetting my cute outfits easily and naturally and completely whenever I am in public.
- Feeling turned on and aroused whenever I think about wetting my sexy outfits when I am out with my friends.
- ♦ Unable to stop wetting myself whenever I am in a stressful situation.
- Anticipating the feeling of warm pee dripping down my delicate legs as I wet myself in front of complete strangers.
- Getting turned on by the thought of peeing into my cute outfits while other people film me.
- Knowing that I prefer to wet my clothes in public instead of trying to find a toilet to relieve myself in.
- Remembering that wetting my pants in public is perfectly natural and completely good for me.
- Knowing that I have to wear a diaper if I want to avoid peeing myself as I go about my day.
- Learning to pee into my pants each and every day so that I can someday wet myself naturally and completely like I have always dreamed.



- ♦ Feeling aroused whenever I feel my warm pee dripping down my hairless legs.
- ♦ Loving how I look whenever I am wearing a diaper.
- ♦ Loving how I look whenever I wet my beautiful clothing in front of people.
- ♦ Wishing that I could wet my clothes naturally and completely like I have always desired.
- Wearing cute, adorable, clothing that helps me look innocent and fuckable in every situation.
- Completely obsessed with putting adorable bows in my long hair whenever I possibly can.
- Talking in a high pitched, feminine voice, whenever I need to interact with the people around me.
- Losing control of my bladder completely and willingly whenever I am not thinking about it.
- ♦ Completely unable to hold my bladder whenever I am in public.
- ♦ Constantly overwhelmed by the people and noises around me whenever I am in public.
- ♦ Feeling pleasure and great comfort within myself whenever I wet my pants in public.
- ♦ Peeing myself naturally and easily whenever I am scared.
- Becoming scared and completely overwhelmed whenever I am in public around the people that like to stare at and talk about me.
- ♦ Wetting my pants naturally and easily whenever I am scared or upset.
- ♦ Practicing wetting myself each and every day.
- ♦ Scared to use the intimidating toilet whenever I need to use the bathroom.
- Forgetting how to pee into the toilet and knowing that this action simply isn't appropriate for a pants-wetting princess such as myself.
- ♦ Easily forgetting toilets as an option whenever I need to use the bathroom.
- ♦ Preferring to feel the warm fabric of my diapers as I wet myself easily and naturally.
- Thinking about how aroused and wonderful and confident I feel whenever I wet my pants in front of the people that intimidate me.
- ♦ Knowing that wetting myself whenever possible is completely good and natural for me.
- ♦ Believing in my ability to wet my adorable outfits each and every day.
- Becoming scared and unconfident whenever I am forced to use a disgusting toilet to relieve myself.
- Having complete confidence in myself whenever I act adorable and innocent like the pants-wetting princess that I am.
- ♦ Finding a cute dress to wear in public so that I can wet it while strangers stare at me.
- ♦ Wearing cute underwear under my clothing whenever I want to wet myself.
- ♦ Wetting my sensual lingerie easily and completely without even remembering it.
- ♦ Forgetting ever not completely loving to wet the adorable outfits I love to wear every day.



- ♦ Making adorable moaning noises whenever I feel the need to pee into my cute panties.
- ♦ Not knowing what to do with my day unless I am wetting myself in public.
- ♦ Practicing wetting myself without thinking about it as I walk around my house.
- Wearing tight pants around my diaper so that everyone can see how much of a pants-wetting little princess I actually am.
- ♦ Becoming completely honest and open about my love of diapers whenever I am asked.
- Knowing that wetting myself is just something that I have always done and to never become embarrassed whenever I empty my bladder naturally and completely.
- Thinking about how turned on I get whenever my bladder empties itself uncontrollably into my adorable outfits.
- ♦ Making sure to completely forget having to pee whenever I feel the urge.
- Finding myself getting turned on by the thought of my bladder muscles becoming too weak and delicate to stop me from peeing myself whenever I feel the need.
- ♦ Always drinking lots of water and juice.
- ♦ Remembering how thirsty and delicate I always feel.
- ♦ Always drinking water or juice whenever I am not doing anything else.
- ♦ Easily forgetting how to even use a toilet.
- ♦ Becoming scared and nervous whenever I am forced to use a toilet on my own.
- ♦ Holding the hands of my friends and family whenever I am scared or nervous.
- ♦ Thinking about how comforting and pleasurable drinking from a bottle is.
- Wearing ruffled socks and underwear to show others how much of a princess I love to be each and every day.
- ♦ Loving the feeling of warm, wet, clothing between my legs.
- ♦ Crying easily whenever I am upset.
- Peeing my pants easily and completely whenever I am confronted in public to show others how much of a cute pants-wetting princess I love being each and every day.
- ♦ Fantasizing about crossing my legs while I wet myself like a naughty schoolgirl.
- Thinking about emptying my bladder into my adorable panties while I wear my frilliest dress.
- Remembering how hot it would be to pee myself while I wear my adorable short-shorts and seductive stockings.
- ♦ Making a pouty face and stomping my cute feet whenever I do not get what I want.
- Remembering how much I love sucking on my thumb while I empty my bladder into my clothing like an adorable little pants-wetting princess.
- ✤ Forgetting everything that I know about holding the urine in my bladder.
- Picturing myself sucking my thumb and crying while I wet my pants in public and becoming completely aroused.



- ♦ Thinking about how easily and naturally I pee myself without even thinking about it.
- ♦ Embarrassed and mad at myself whenever I think about holding my bladder in any way.
- ♦ Hating myself whenever I think about not wetting my beautiful, adorable, outfits in public.
- Nervous and unconfident unless I am sucking on my delicate thumb.
- Feeling pride and confidence whenever I make permanent strides towards making myself into the pants-wetting princess I've always wanted to be each and every day.
- Finding myself turned on and aroused whenever anybody sees me wetting my adorable pants.
- ♦ Crying while I wet myself so that everyone turns to look at me.
- Comfortable wearing diapers each and every day whenever I don't feel like having accidents.
- ♦ Aroused whenever I wet myself in my sleep.
- ♦ Forgetting ever not being completely aroused to wake up to a wet bed.
- ♦ Loving the way a diaper hugs my delicate body as I go about my day.
- Thinking about all the new and inventive ways in which I can wet myself in front of strangers.
- Remembering how aroused and turned on I become whenever I wet myself without realizing it.
- Thinking about my goals in life. Knowing that emptying my bladder easily and naturally without realizing is one of them.
- ♦ Fantasizing about wetting myself in public like a delicate little princess.
- ♦ Acting like a spoiled, delicate, princess whenever I get the chance.