White Chocolate Pudding Pie

Recipe makes 8 servings

Ingredients

- I box Sugar Free White Chocolate Jello Pudding Mix
- I Chocolate Pie Crust (9 inch)
- 2 cups Vanilla Premier Protein Ready to Drink Shake (about I.5 bottles)

Instructions

I. Start by adding your box of pudding mix into a mixing bowl along with 2 cups of your Premier protein shake. Mix for I-2 minutes.

 Pour your mixture into your pie crust and place in the fridge overnight.

3. When you are ready to eat, cut into eight slices, top with your favorite topping, and enjoy!

Nutrition Profile

- per serving -Calories - 153 Fat - 7g Carbohydrates - 13g Protein - 8g *Fiber - 1g

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<u>Notes</u>

- Be sure to refrigerate this pie and any leftovers.
- This type of dessert is a great way to feel like you are eating pie, while not eating a lot of calories.

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