



# *Childish*

Being a grown up is difficult. Work, chores, bills, ugh. Don't you wish you could just let someone else handle all of that and just be your true childish self? This subliminal guides you gently into a hypnotic trance, awakening the younger you buried inside and reminding you of all the perfectly childish movements and mannerisms you forgot you ever had. Start loving the idea of coloring in coloring books, watching your favorite animated programs all day long, and spending countless hours with the fun, relaxing, childish activities you love to do!

Discover that talking and acting and playing like the perfect toddler you love to be comes more naturally each and every day as you find yourself easily falling into the childish ideal that you prefer to picture in your own mind. No need to become anxious with your boring adult worries and cares. With repeated listenings of this file, you too can experience the joy and wonder and delight that comes with embracing the happy, more innocent side of yourself.

Let go of all your boring adult responsibilities as you learn to let the *Childish* side of yourself out!

- ✧ Crawling on my hands and knees and talking in short, simple sentences in order to look like the cute little child I know that I love being each and every day.
- ✧ Doing whatever I want to do without worrying about any boring adult consequences.
- ✧ Allowing myself to be impulsive in order to imitate the children that I love to idolize.
- ✧ Letting my dominant adult friends and family make all of the boring and tedious adult decisions for me.
- ✧ Always embarrassed whenever I act like a boring and unhappy and anxious adult.
- ✧ Fantasizing about my sexy lover fucking me in my adorably childish clothing.
- ✧ Easily letting go of my anxious, nauseating, grown up worries.
- ✧ Imagining my anxieties melting away whenever I act like the children that I love to idolize.
- ✧ Clapping my hands together and giggling loudly whenever I am happy.
- ✧ Jumping and bouncing up and down whenever I get excited.
- ✧ Knowing my friends and family love me whenever I act childish and immature.
- ✧ Clapping and feeling accomplished and proud and excited whenever I learn something new.
- ✧ Remembering to react with joy and wonder and delight whenever I see a shiny, new, toy.
- ✧ Easily throwing tantrums and pouting cutely whenever I do not get what I want.



- ✧ Always stopping into every single toy store I see to browse all the newest and trendiest toys that the children are buying.
- ✧ Needing my sexy lover to dress me every day and show me how much they love how childish I am becoming.
- ✧ Preferring to watch cute, light-hearted, animated shows and movies.
- ✧ Needing to sleep with my favorite stuffed animal each and every night in order to feel comfortable and relaxed and safe.
- ✧ Feeling safe and protected and comfortable whenever I am acting like the child that I love to be.
- ✧ Feeling loved and confident and happy whenever my partner changes me into my onesie.
- ✧ Only eating foods that I have tried before and that I am used to.
- ✧ Never trying anything new and scary without whining a like a spoiled little child.
- ✧ Remembering to whine and complain and cry whenever I do not get my way.
- ✧ Instantly feeling happy and relaxed and at peace whenever I smell baby powder.
- ✧ Feeling calm and relaxed whenever I am sucking on my pacifier.
- ✧ Only wearing clothing that is in pretty, childish, pastel colors.
- ✧ Crying easily whenever I get emotional and overwhelmed.
- ✧ Easily becoming the cute, little, child I know I am whenever I am at home.
- ✧ Giggling and blushing whenever I see something cute that I want.
- ✧ Making easy, little decisions based on my feelings.
- ✧ Preferring to surround myself with soft, childish, pastel colors.
- ✧ Comfortable and relaxed whenever I make messes with my toys in my room.
- ✧ Needing to let go of all my uncomfortable, gross, and boring grown up thoughts in order to live my ideal childish life.
- ✧ Feeling dumb and uncomfortable and bored whenever I am forced to make a hard decision.
- ✧ Preferring to crawl on my hands and knees whenever I need to get anywhere on my own.
- ✧ Preferring to wear footie pajamas to bed each and every night.
- ✧ Feeling loved and comfortable and happy whenever my partner reads me a story before bed.
- ✧ Preferring to watch cute animated shows and movies in my childish footie pajamas.
- ✧ Clapping my hands together and giggling whenever something happens that excites me.
- ✧ Feeling excited and aroused whenever my sexy partner tells me what a little child that I am.
- ✧ Only eating soft food that has been cut up into small portions for me.



- ✧ Always wanting to eat sweets and candy instead of vegetables.
- ✧ Knowing that having a sweet tooth will make me a more adorable and cute and happy child.
- ✧ Remembering to always drink out of a sippy cup like the toddler that I know I am.
- ✧ Needing to be reminded to do simple tasks by my loving partner.
- ✧ Needing to be provided and cared for in order to feel loved and relaxed and comfortable.
- ✧ Letting go of all my boring, dumb, adult worries whenever I put on my childish clothes and cuddle my favorite stuffie.
- ✧ Always listening and obeying each and every demand my dominant lover has for me.
- ✧ Feeling happy and complete and comfortable whenever I am obeying my dominant lover.
- ✧ Feeling unloved and uncomfortable and unhappy whenever I have to wear my grown up clothes.
- ✧ Coloring with crayons in a coloring book whenever I am feeling stressed and overwhelmed.
- ✧ Needing a cute little dolly to feel comfortable in a new place.
- ✧ Preferring to take childish bubble baths with my favorite bath toys
- ✧ Needing to wear cute footie pajamas and a training diaper to sleep well each and every night.
- ✧ Wearing a safe, relaxing diaper to bed to make sure that I am protected when I wet myself at night.
- ✧ Fantasizing about my sexy lover cuddling with me and rocking me to sleep.
- ✧ Knowing that my hunky partner will want to fuck me whenever I am in my adorable footie pajamas.
- ✧ Fantasizing about sexy strangers buying me all the toys I want.
- ✧ Craving lollipops and bubble gum each and every day.
- ✧ Sucking on my soothing pacifier whenever I am feeling stressed.
- ✧ Obeying my dominant partner so they will care and provide for me.
- ✧ Needing a sexy lover to fuck me in my adorable onesie.
- ✧ Feeling confident and protected whenever I wear my comfortable diaper to bed.
- ✧ Knowing that being the cutest child I can be will make more sexy strangers want to fuck me even more.
- ✧ Always wanting to play pretend with my sexy lover.
- ✧ Begging my hunky dominant partner to take me to the playground.
- ✧ Giggling loudly whenever my sexy lover pushes me on a swing.
- ✧ Attracted to the newest shiny, light-up toys whenever I am in my favorite toy store.
- ✧ Feeling happy and comfortable and relaxed whenever my sexy lover sings me a lullaby before bed.



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- ✧ Preferring to take baths with my sexy significant other.
  - ✧ Fantasizing about taking a long, warm, relaxing, bubble bath with my hunky dominant lover.
  - ✧ Imagining getting fucked by my sexy lover during my bubble bath.
  - ✧ Needing help from my hunky partner in order to tie my shoelaces and zip up my onesie.
  - ✧ Needing help from my dominant lover to get dressed.
  - ✧ Knowing I need a big, strong, provider in order to live my perfect carefree childish life.
  - ✧ Never understanding the meaning of scary, uncomfortable, big words.
  - ✧ Becoming nauseous whenever I have uncomfortable adult stresses.
  - ✧ Easily becoming overwhelmed with emotions whenever I have grown up worries.
  - ✧ Feeling proud and happy whenever my sexy dominant lover calls me a cute little child.
  - ✧ Always begging my partner to take me to the park to play.
  - ✧ Intuitively knowing that the more childish I act, the more my hunky lover will want to fuck me.
  - ✧ Stomping my feet whenever I am angry and upset and emotional.
  - ✧ Preferring to sit on the floor with my legs crossed under me.
  - ✧ Only drinking out of a fun bendy straw whenever I am forced to use a big kid cup.