

## ***Negotiating for Recreational/Erotic Hypnosis***

The negotiation is a crucial part of any hypnosis scene, whether it be sexual, silly or otherwise it needs to be planned and discussed before the play takes place. This also means that during the play you stick to what was agreed upon and don't throw in things you haven't asked about. In order to do this you first need to know a little bit about the person you are playing with.

**Here is a helpful question checklist for those who would like reminders of what to ask;**  
*(remember this list is for both IRL and ONLINE play, this is just a starting point)*

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*Have you been hypnotised before? What was that like? Could you describe to me some things you enjoyed in the past? (Ask about reactions to suggestions/hypnosis in the past to make sure to be aware of reactions they could have with you)*

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*Do you have any injuries that I should be aware of? (include a brief description of any trauma and past experiences that should be avoided, eg fear of water, heights, needles etc. Don't need to ask for personal details) Flopping/whiplash? How can you stop that?*

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*Are there any places you would not like to be touched or that I should avoid? In an emergency eg. if I were to catch you if you were falling would it be okay to hold you in those places? Is there anything that could interrupt this? (Bad internet, parents, flatmates or siblings)*

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*What would it look like/sound like if you were enjoying the scene?*

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*What would it look/sound like if you were not enjoying the scene or in distress? (Ask for cues that are visual, verbal, physical) How would I tell?*

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*What are your safewords? (If they don't have set ones agree on a system you will use in the scene)*

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*Go through the process of the scene and ask them if they have any concerns, questions or queries of what is going to happen. LET THE BOTTOM LEAD.*

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*Double check limits, confirm any last minute ideas and get ready to play!*

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Negotiating doesn't have to be boring and serious. You can make it more enjoyable by making sure to cover all the incidentals first and then discussing more in depth about some of the fun you are going to have. This can also then lead organically into the start of the scene if you are

prepared and ready there and then, as the ideas you discuss could be used as part of an induction or a way to set the tone of the actions.

**REMEMBER:**

1. DO NOT negotiate with someone who is intoxicated, impaired or fractionated. (This is a tricky one we will discuss)
2. DO NOT USE NLP OR COVERT TECHNIQUES during the negotiation. If someone says yes while coerced it is not viable.
3. People are allowed to stop the scene early if things aren't going so well. That's okay and it happens. Be nice about it.
4. Everyone around needs to be aware of what was negotiated if they are witnessing or part of the scene in some way, even if this is little.
5. No Up-Negotiating/ negotiating mid-scene. They are impaired.
6. Please check for any pet names or honorifics PRIOR TO THE SCENE so as to save embarrassment later.
7. Check in about safewords, if they can't recall basic things like their name, where they are or their safeword when you need them to, the scene is over.