

Pretzels & Peanut Butter Bento Box

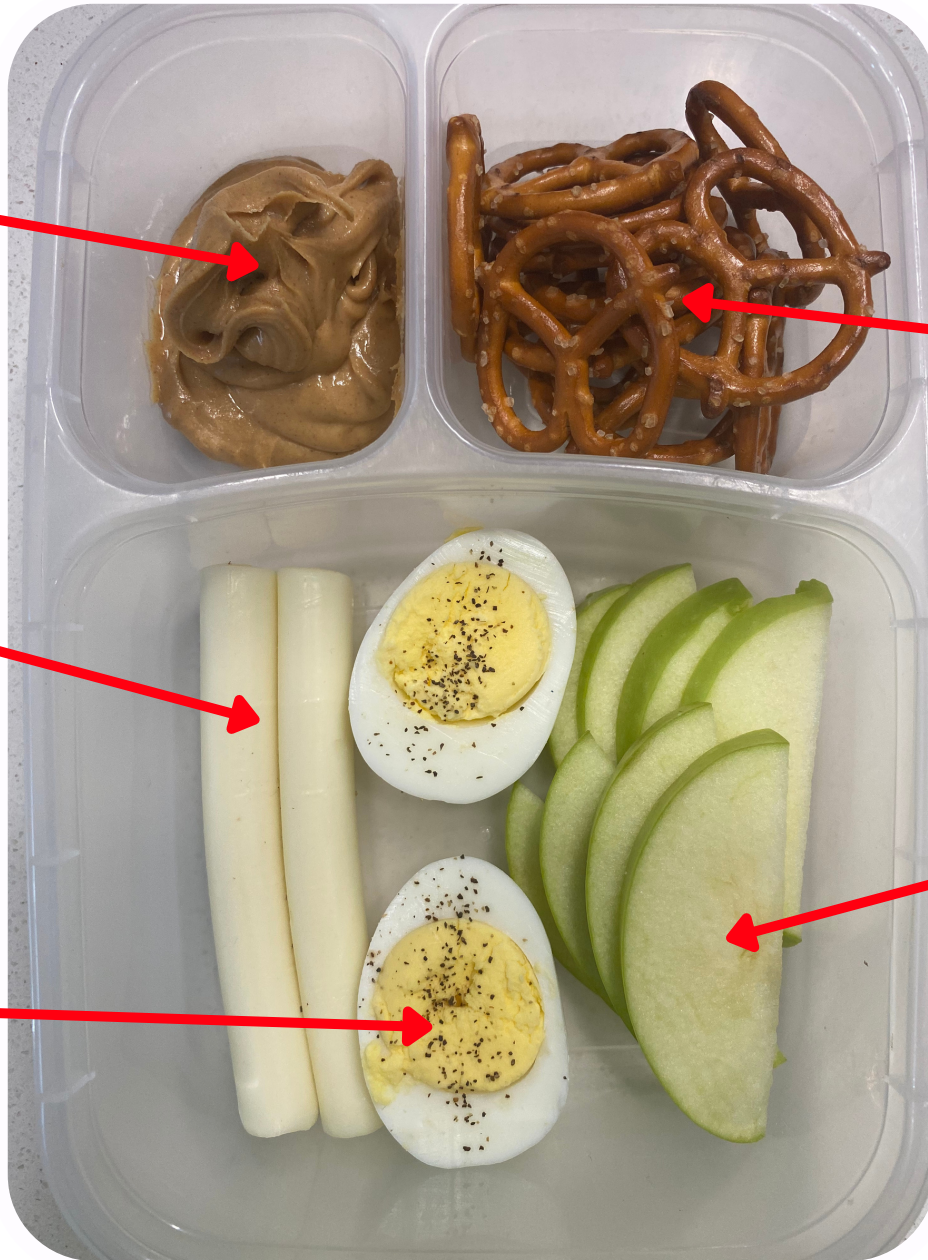
4 Tbsp
Powdered PB
100 Calories
3g Fat
8g Carbs
12g Protein

2 Low Fat
String Cheese
100 Calories
5g Fat
0g Carbs
12g Protein

1 Boiled Egg
70 Calories
5g Fat
0g Carbs
6g Protein

17 Pretzels
110 Calories
1g Fat
23g Carbs
2g Protein

1 small Green
Apple
85 Calories
0g Fat
20g Carbs
1g Protein



Nutrition Profile

Calories - 465
Fat - 14g
Carbohydrates - 51g
Protein - 33g

  @zachcoen

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